

ANNA-AMALIA COVIELLO

ARTIST, FACILITATOR, MURALIST

07756709169 | wellwagonart@gmail.com | www.wellwagon.org | @well.wagon | @__anamaly

I am a queer, neurodivergent, Italian multidisciplinary artist and therapeutic arts facilitator, graduated from Creative and Therapeutic Arts (USW) in 2019. I am the founder of Well Wagon, a therapeutic art space on wheels where I deliver therapeutic workshops from my tricycle.

I am deeply committed to creating work that amplifies community voices, transforms spaces, and supports healing. My practice is person centred and socially engaged, while my expertise is in painting, illustration, murals, installation, poetry, somatic movement.

EDUCATION

- University of South Wales (Cardiff, UK)- BA (HONS) *Creative and Therapeutic Arts*, 2019 - 2:1
- A level (equivalent) Liceo Artistico F.Arcangeli (Bologna, IT) - Visual Arts, 2015, 72/100

REFERENCES

Becky Davies (*Senior course lecturer at USW*)
becky.davies@southwales.ac.uk

Sara Sirati (*Director of Ardour Academy*)
ardour.academy@gmail.com 07846086247

WORK EXPERIENCE

Founder/facilitator of Well Wagon, Wales

2020-current

Managing and facilitating weekly workshops, collaborating with organisations, businesses, community groups and vulnerable people, handling the marketing, communications, budgets, funding, safeguarding.

Project Manager for Butterfly Soup at Ardour Academy, Cardiff

Nov '23- current

Managing and facilitating the LGBTQIA+ and D/deaf group at Ardour Academy, liaising with facilitators, business owner and safeguarding participants with the delivery of weekly creative mindful workshops.

Creative lead for Amgueddfa Cymru's "Inspiring memories" Dementia project

Feb '25 - current

Lead artist and facilitator for 4 of the museum's sites, commissioned to make sensory boxes of activities inspired by the collection to be utilised as access resources for people with Dementia, while also delivering monthly workshops.

Creative lead for Creative Cardiff's and Pharmabees project 'Greening Cathays'

Mar-May '25

Lead artist working with Gladstone Primary School in educating and creating sustainable bee huts with the students through litter picking exercises. The works was exhibited at Cardiff University.

Creative lead for CAMHS project 'Families Get creative'

Apr '25 - current

Lead artist working with CAMHS team across Rhondda Cynon Taff in delivering therapeutic art workshops for the families and young people accessing the mental health service.

Assistant Producer/facilitator at The Talking Shop for Omidaze Productions

Mar '22-May '25

Hosting the space at the three Talking Shops in South Wales, leading creative workshops and promoting democratic conversations for The Democracy Box while assisting the project manager with admin, safeguarding, marketing and the smooth running of the space.

Teaching Assistant at Ty Gwyn special needs school and Y Daith Pupil Referral Unit

Sep '20- Dec '24

Assisting the delivery of the school curriculum for pupils aged 4-18 with ASD and PMLD, challenging behaviour and mental health challenges & engaging them through visual art workshops.

Young Company member for Galwad, National Dance Company Wales

Apr- Sep '22

Part of the 12 members selected across Wales to be part of the Young Company for Galwad, to support in delivering the inter sectional arts festival and tv show across Wales.

Content Creator for National Museum Wales, Cardiff

Feb- March '22

Supporting Bloedd team in capturing photographic and video evidence of their projects with the National Museum of Wales and create social media content.

VOLUNTEERING

Jan- Apr 2023, Malaysia, Thailand, Indonesia
Working for hostels and film productions in exchange for accommodation.

Jan- Apr 2021, Ecuador
Gifting murals to 8 businesses (hostels, yoga centres) in exchange for accommodation.

April 2021, Cardiff
Communications Lead for TEDxUSW 2021

January 2020, Bridgend
Create Producer for TEDxNantymoel

March 2016, Bologna (IT)
Translator & hospitality at 18th edition of Future Film Festival

CPD

Nov 24, Arts for Dementia
Early stage Dementia awareness training for the Arts

Apr 24, Yogalap
Breathwork & Pranayama teacher training

Apr 2024, IEMT
Integrative Eye Movement Therapy Training

Jul 22, Reiki
L1 energy healing practitioner

Jul 22, Ffilm Cymru
Foot in The Door placement in Galwad's art department

Nov 2020, Children in Wales
L2 Safeguarding children and young people training

Nov 2020, European Social Funds, WCVA, RAW
Cross cutting themes training (sustainable development, racial justice, poverty)

2019, University of South Wales
TEDxUSW speaker "The need to be creative"

2019, University of South Wales
Grad Edge certificate

2018, University of South Wales
L1 Sign Along certificate, Dementia Friend training, Touch Trust Training, DeafBlind Cymru training, MERC training (mindful, emotional regulation, compassion)

ART COLLECTIVES AND EXHIBITIONS

Feb 22- current
Delivering workshops with organisations such as Amgueddfa Cymru, Sherman Theatre, NoFit State, Wales Millennium Centre, USW, Tin Shed Theatre, Cardiff and Vale College, Breathe Creative, Tinshed Theatre, Made in Roath, University of South Wales, On your Face Collective, Rare QoI, Omidaze Productions, People Speak Up, Eco-Market Splott, Paradise Garden, Green Squirrel, Creative Cardiff.

May 2025 - Cardiff
Lead artist for the 'Nourishing Riverside' project in partnership with Wyndham Street Pantry and Breathe Connect Create, funded by ACW and Lottery funding.

Apr/June 2025 - Newport
Lead artist for 'Citibox Takeover' in partnership with TinShed Theatre & National Contemporary Art Gallery Wales, painting 9 electricity boxes.

Dec 2024- Chapter, Cardiff
Resident artist for Gareth Clark's show " Celebrations at the funeral of capitalism"

Oct 2024- Turner House, Penarth
Exhibiting 'self portrait' for 'The Art Of Living'

Apr 2024- Cardiff Umbrella
Exhibiting San Sebastiana for the 'Bodies' exhibition

Sep 22- Fox Lane Studios, Cardiff
Live art performance as part of the event " No Where Near" by studios members.

Aug 22- Blackwater Gallery, Cardiff
Exhibiting for ' Objects '

Feb 2022- Tactile Bosch, Shift, Cardiff
Performing a live art piece as part of "The Thursday Show" for Tactile Bosch

Feb 2022- Arts Centre, Barry & Llanover Hall, Cardiff
Exhibiting for Women's Art Association Wales

Feb 2022- Nurture Centre, Carmarthen
Exhibiting for "On Your Face Collective" LGBTQ+ group

Jan 2019- RUG, Cardiff
Curating the "Unfinished" open call

Dec 2019- Polarity, Cardiff
"PLENUM" residency

Nov 2019- Porter's, Cardiff
"Pallet" open call

Oct 2019- Rome, Italy
Rome Art Week: Counterweave arts-"Aspects of a Goddess"

Oct 2019- TactileBosch, Cardiff
Performing "Exhibit B" for IAFT 2019 Tokyo:Cardiff

May 2019- Pontypridd
Graduate art trail